

WHAT TO EXPECT?

The plan review experience will start with a **participant check in**, where NDIS will contact you **near your current plan end date** to book your plan review meeting.



As part of this call, NDIS will check in with you and see how you are going with your current NDIS plan, and if your circumstances have changed in the last year.

This will help NDIS prepare for your plan review meeting, and make sure they have the information needed to make sure your plan review experience is personalised to your needs.

For some participants, a full plan review will not be needed and NDIS will not need to ask you all of the planning questions.

This means your LAC, or NDIA planner can spend more time checking in with you, see how you're going, and answer any questions you may have about your NDIS plan.

If your circumstances have changed or you would like a full plan review, NDIS will work with you to understand what information you may need to provide.



You can have your plan review meeting face-to-face, over the phone, or even via a video call if available - whatever suits you best.

You will also have the option to invite supports along to your check-in, such as a family member, friend or Support Coordinator.

YOUR PLAN REVIEW MEETING

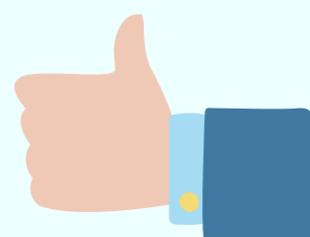
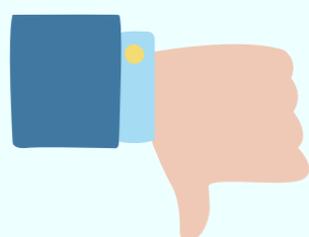
You may need to provide assessments or reports from some of your service providers for your plan review meeting. This is to show how your supports and services are helping you achieve your goals.

These reports can also make recommendations for supports and services you might need in the future. Your ECEI Coordinator, LAC or the NDIA will discuss this with you.

NDIS PLAN REVIEW TIPS

1. Think about what worked well in your plan and what didn't work well.

At your plan review NDIS will talk about how you used your funding. Think about some of the barriers to using your funding and discuss these with your local area coordinator or your planner during your review.



2. You can bring any reports, assessments or quotes to your next plan review.

If you have any new reports, quotes or assessments to support you in your next plan please feel free to bring them to your plan review.

3. You can have a plan longer than twelve months.

If your situation is stable and your funding is working well, you can talk to your local area coordinator or planner about having a longer plan.



4. You can keep the same goals.

If you're still working on your goals and they still fit your needs, you can keep them in your next plan.

5. You can self-manage part of your NDIS plan.

Self-managing your funds gives you maximum independence and greater flexibility over your supports.

If you'd like to look at self-managing part of your plan but don't want to take on a task that's too big all at once, maybe look at self-managing your low risk, low cost Assistive Technology budget.

PLAN REVIEW PREPARATION TIPS

In the leadup to your plan review, think about:

- What worked well
- What didn't work well
- Have you achieved your goals or made progress towards them
- Which goals you need to continue to work on and which goals you need to change
- Who can help you achieve your goals
- Will you need NDIS support in the future
- Would you like to change how all/some of your funding is managed.

You do not need to pick new goals at each plan review but your plan, supports and services should be helping you make progress, achieve new things and eventually, achieve your long-term goals.

Find out what to expect in your [plan review meeting](#).

LONGER PLAN DURATIONS FOR PARTICIPANTS IN A STABLE SITUATION

Participants are able to request plan durations of up to **three (3) years**.

For participants with support needs which are unlikely to change, a long plan duration means they can carry on with their lives without needing to go through frequent plan review processes.

These longer term plans are designed for participants who are:

- in a stable situation with their support needs unlikely to change
- confident in using their funding to achieve their goals
- focused on longer term goals such as learning new skills, employment or becoming more active in the community.



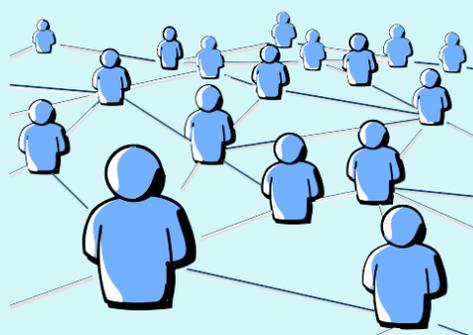
To find out if a longer plan duration is suitable for your situation, please talk with your LAC or planner.

To prepare for this conversation, you will want to consider:

- any life changes you're expecting to make over the next three years (e.g. leaving school, starting or leaving work or a change in your living situation)



- how connected you are with your social and community supports



- your goals and preferences around plan duration.



If your circumstances change at any time during your plan period, your LAC or planner will be able to help you review your support needs and undertake a plan review if required to ensure your plan will suit your new situation.



THANKS FOR READING!

Sources

<https://www.ndis.gov.au/participants/reviewing-your-plan-and-goals/preparing-your-plan-review>

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